



7420 N. Broadway, Suite F • Oklahoma City, Oklahoma 73116 • (405) 848-5308 www.metrogymokc.com • metrogymokc@sbcglobal.net

2014 Summer Session

Classes Begin June 9th—August 1st

Mini-Mights: Parents/Tot — Boys and Girls (Walking—3 Years Old) \$45.00/Month (one day)*

Friday 9:30—10:10

10:30—11:10

Wednesday

9:00—9:40

	Mighty	_	Boys and Girls				ys/Week	
Tuesday	9:00—9:45	\$50.00/ 10:00—10:45	month (one day)* 11:00—11:45 Friday 9:35-1	\$90.00/mo Wednesday 10:20 10:35—	9:05—		—10:45	11:00—11:45
		Cirls C	lass (6 years and	(un) One o	r Two Day	us/Wools		
			month (one day)*	\$95.00/mo	-			
Tuesday	9:00—10:00	10:00—11:00	11:00—12:00	Wednesday	9:00—		—11:00	11:00—12:00
		• •	nastics (5 years			Days/Week		
			month (one day)*	\$95.00/mo				
		Tuesday	11:00—12:00	Wednesday	10:00-	— 11:00		
		Tumblii	ng (7 years and up) Must be a	ble to do a	round-off		
			/month (one day)*					
		Tuesday	9:00—10:00	Wednesday	10:00-	-11:00		
			Hot Shots	(Invitation Or	ıly)			
		\$55.00/	month (one day)*	\$95.00/mo		lays)*		
		Tuesday	11:00—12:00	Wednesday	11:00-	_12:00		
			Big Sh	ots (Level 1)				
		\$85.00/r	month (one day)*	\$120.00/mg	onth (two	days)*		
		Monday	10:30—12:00	Thursday	10:30-	-12:00		
Please enrol			First		Age	Grade	В	sirthday (mo/day/yr)
Home Address		City			Zip			
School	E-Mail				Home Phone			
Father's Name	e	Cell/Pager				Work Phone		
Mother's Nam	ne			Cell/Pager		Work Pho	one	
Any Medical (Conditions							
RELEASE: I hereby my executors, wai any injury or dama such a program ar	by consent to have my we and release all right ages in connection wit e fully understood. PE	ts and claims for dam h the gymnastics pro RMISSION FOR MED	nages that I may have a gram or other activities	at any time against related to the ME onfirm that the abo	Metro Gymr TRO GYMNA	nastics,LLC, its repre STICS PROGRAM.	esentatives The seriou	d(ren) adopted or otherwis whether paid or volunteer s risks involved in respect authorize simple first aid a
DOCTOR'SNAME:					_ PHONE: _			
SIGNATURE:					_ DATE:			
	Paren	t or Guardian		mer 2014				
Class (Day and Ti	ime)							



METRO CELEBRATES 33 YEARS OF GYMNASTICS



~Summer Day Camps~

Reserve your spot by calling or emailing the office: 848-5308 or metrogymokc@sbcglobal.net

Mondays @ Metro

Ages 5 and up • \$30 first child and \$10 for sibling 12:00-3:00~p.m. • Mondays ~ June 16th and July 14th

Pizza and drink provided. Come and enjoy an afternoon at the gym! Let's play games and, of course, have some gymnastics fun! Please bring a towel and wear a swimsuit.

Lunch Bunch

Ages 3, 4, and 5 years old • \$15/child

11:30-1:00 p.m. • Fridays ~ June 20th • July 11th and 25th

This summer several Lunch Bunch times are offered during the afternoon to give the preschoolers a chance to have lunch with an instructor. The children will have 45-minutes of supervised free play and enjoy making a craft. **Don't forget to bring a sack lunch to eat with the teacher.** It's the perfect time for Mom to have a lunch date with her friends.

Backhandspring Back Tuck Clinics

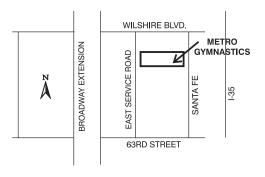
Want to perfect your Backhandspring or work on your Back Tuck? Join our experienced coaching staff this summer as we spend an hour just working on backhandsprings or back tucks. Bigshot or Team members can stay at the gym after they finish their morning workout.

\$15/gymnast

12:30-1:30 p.m. • Mondays ~ June 9th and 23rd • July 7th and 21st



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