



7420 N. Broadway, Suite F • Oklahoma City, Oklahoma 73116 • (405) 848-5308  
 www.metrogymokc.com • metrogymokc@sbcglobal.net

## 2014 Summer Session

### Classes Begin June 9th—August 1st

<b>Mini-Mights: Parents/Tot — Boys and Girls</b> ( <i>Walking—3 Years Old</i> )					
\$45.00/Month (one day)*					
Wednesday		9:00—9:40	Friday		9:30—10:10      10:30—11:10
<b>Mighty Mights — Boys and Girls</b> ( <i>3, 4 &amp; 5 Years Old</i> )      One or Two Days/Week					
		\$50.00/month (one day)*		\$90.00/month (two days)*	
<b>Tuesday</b>	9:00—9:45	10:00—10:45	11:00—11:45	<b>Wednesday</b>	9:05—9:50      10:00—10:45      11:00—11:45
		<b>Friday</b>		9:35-10:20      10:35—11:20	
<b>Girls Class</b> ( <i>6 years and up</i> )      One or Two Days/Week					
		\$55.00/month (one day)*		\$95.00/month (two days)*	
<b>Tuesday</b>	9:00—10:00	10:00—11:00	11:00—12:00	<b>Wednesday</b>	9:00—10:00      10:00—11:00      11:00—12:00
<b>Boys Gymnastics</b> ( <i>5 years and up</i> )      One or Two Days/Week					
		\$55.00/month (one day)*		\$95.00/month (two days)*	
<b>Tuesday</b>	11:00—12:00		<b>Wednesday</b>	10:00—11:00	
<b>Tumbling</b> ( <i>7 years and up</i> ) <i>Must be able to do a round-off</i>					
		\$55.00/month (one day)*		\$95.00/month (two days)*	
<b>Tuesday</b>	9:00—10:00		<b>Wednesday</b>	10:00—11:00	
<b>Hot Shots</b> ( <i>Invitation Only</i> )					
		\$55.00/month (one day)*		\$95.00/month (two days)*	
<b>Tuesday</b>	11:00—12:00		<b>Wednesday</b>	11:00—12:00	
<b>Big Shots</b> ( <i>Level 1</i> )					
		\$85.00/month (one day)*		\$120.00/month (two days)*	
<b>Monday</b>	10:30—12:00		<b>Thursday</b>	10:30—12:00	

**Clip and mail with \$25 Non-refundable / non-transferable deposit, to be applied to 1st month tuition.**

Please enroll:

Student: Last First Age Grade Birthday (mo/day/yr)

Home Address City Zip

School E-Mail Home Phone

Father's Name Cell/Pager Work Phone

Mother's Name Cell/Pager Work Phone

Any Medical Conditions

**RELEASE:** I hereby consent to have my child/ward participate in programs offered by Metro Gymnastics, LLC. It is hereby agreed that I, my child(ren) adopted or otherwise, my executors, waive and release all rights and claims for damages that I may have at any time against Metro Gymnastics, LLC, its representatives whether paid or volunteer for any injury or damages in connection with the gymnastics program or other activities related to the METRO GYMNASTICS PROGRAM. The serious risks involved in respect to such a program are fully understood. **PERMISSION FOR MEDICAL TREATMENT:** I confirm that the above named person is in good health. I hereby authorize simple first aid and consent to any x-ray exam, and medical or surgical diagnosis which is deemed necessary.

DOCTOR'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Parent or Guardian

**Summer 2014**

Class (Day and Time) \_\_\_\_\_

CALL THE OFFICE FOR CLASS AVAILABILITY



# METRO CELEBRATES 33 YEARS OF GYMNASTICS



## ~Summer Day Camps~

Reserve your spot by calling or emailing the office:  
848-5308 or metrogymokc@sbcglobal.net

### **Mondays @ Metro**

Ages 5 and up • \$30 first child and \$10 for sibling  
12:00-3:00 p.m. • Mondays ~ June 16th and July 14th

*Pizza and drink provided. Come and enjoy an afternoon at the gym! Let's play games and, of course, have some gymnastics fun! Please bring a towel and wear a swimsuit.*

### **Lunch Bunch**

Ages 3, 4, and 5 years old • \$15/child  
11:30-1:00 p.m. • Fridays ~ June 20th • July 11th and 25th

*This summer several Lunch Bunch times are offered during the afternoon to give the preschoolers a chance to have lunch with an instructor. The children will have 45-minutes of supervised free play and enjoy making a craft. **Don't forget to bring a sack lunch to eat with the teacher.** It's the perfect time for Mom to have a lunch date with her friends.*

### **Backhandspring Back Tuck Clinics**

*Want to perfect your Backhandspring or work on your Back Tuck? Join our experienced coaching staff this summer as we spend an hour just working on backhandsprings or back tucks. Bigshot or Team members can stay at the gym after they finish their morning workout.*

\$15/gymnast  
12:30-1:30 p.m. • Mondays ~ June 9th and 23rd • July 7th and 21st



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