



San Diego All Star Gymnastics

Summer Break Gymnastics Camp

Full Day Camp:

9:00 AM to 5:00 PM

\$225

Half Day Camp:

9:00 AM to NOON or 1:00 to 5:00 PM

\$155

*Additional Options: \$60/per day; \$40/per half day

Extended Care:

Extended care available 8:00 to 9:00 AM & 5:00 to 6:00 PM

\$15 per hour/ \$20 for both extend care sessions/ \$40 all week



Camp Dates

June 22 - 26

July 6 - 10

July 20 - 24

August 3 - 7

PAYMENT OF FEES:

\$25 deposit per gymnast required to hold spot

Balance due three weeks prior to desired camp

20% military discount

10% sibling discount

Multi-camp discount: \$15 per extra week



MEALS:

Full day campers must bring a snack and a lunch each day as meals are not served.

Half day campers should bring a snack.

WHY GYM CAMP?

SD All Star Summer camps are a great way to keep your aspiring gymnast occupied, active, and happy over their summer vacation. During camp, kids will play games to improve coordination and relays to promote healthy competition, as well as three solid hours of gymnastics rotations per day. During their gymnastic rotations campers will be taught according to their ability. The beginning gymnast will work on attaining the fundamentals of gymnastics, on all the apparatus, as well as learning some fun flips in the process. The more advance gymnasts will learn to improve their technique and work on more advanced skills. Every week will also have a themed activity.

Daily Schedule

9:00 Warm-up

9:30 Relays & Games

10:00 Gymnastics

Rotations

11:30 Open Gym Time

12:00 Lunch/ Half Day

Child Dismissal

1:00 Warm-up

1:30 Gymnastic

Rotations

3:00 Activity Period

4:30 Open Gym Time

5:00 Dismissal

San Diego All Star Gymnastics

7698 Miramar Road

San Diego, CA 92126

(858) 586-0655

www.sdallstargym.com