

2012 EMPIRE MEN'S INVITATIONAL

JANUARY 28, 2012

SESSION 1: LEVEL 4

8:00	Stretch
8:30	Introductions
8:40	Competition
11:30	Awards

SESSION 2: LEVEL 5

12:45	Stretch
1:15	Introductions
1:25	Competition
3:30	Awards

SESSION 3: LEVELS 6-10

5:00	Stretch
5:30	Introductions
5:40	Competition
8:15	Awards