



Class Schedule 2011-2012 The Woodlands

August 15th, 2011 through August 20th, 2012

Preschool - (All classes are taught by Tracy, Bobbi Jo,

Abby, Lacey, Michael, Kyle, and/or Kaysey)

Tiny Mites Ages 18 months to 2 yrs

(30min) Mon 9:00am

Mini Mites Ages 2yrs to 3 yrs

(45min) Mon 9:30am

(45min) Tues 10:15am

(45min) Wed 10:15am

(45min) Thurs 6:15pm

Dyna-Mites Ages 3yrs to 4 yrs

3-4yrs Mon 10:15am

3-4yrs Mon 11:15am

3-4yrs Mon 4:15pm

3-4yrs Mon 5:15pm

3-4yrs Mon 6:15pm

3-4yrs Tues 9:15am

3-4yrs Tues 10:15am

3-4yrs Tues 11:15am

3-4yrs Tues 4:15pm

3-4yrs Tues 5:15pm

3-4yrs Tues 6:15pm

3-4yrs Wed 9:15am

3-4yrs Wed 10:15am

3-4yrs Wed 11:15am

3-4yrs Wed 3:15pm

3-4yrs Wed 5:15pm

3-4yrs Thurs 4:15pm

3-4yrs Thurs 5:15pm

3-4yrs Thurs 6:15pm

3-4yrs Sat 9:00am

Kinder-Mites Ages 4 yrs to 5 yrs

4-5yrs Mon 9:15am

4-5yrs Mon 10:15am

4-5yrs Mon 11:15am

4-5yrs Mon 4:15pm

4-5yrs Mon 5:15pm

4-5yrs Mon 6:15pm

4-5yrs Tues 9:15am

4-5yrs Tues 11:15am

4-5yrs Tues 3:15pm

4-5yrs Tues 4:15pm

4-5yrs Tues 5:15pm

4-5yrs Tues 6:15pm

4-5yrs Wed 9:15am

4-5yrs Wed 11:15am

4-5yrs Wed 4:15pm

4-5yrs Wed 6:15pm

4-5yrs Thurs 3:15pm

4-5yrs Thurs 4:15pm

4-5yrs Thurs 5:15pm

4-5yrs Sat 10:00am

***NEW! Maximum's Dynamite Playdate!**

2yrs-5yrs Thurs 10:00am-12:00pm Bobbi Jo

*Children must be potty trained. The class will include gymnastics, games, arts & crafts, and snack time!

Girls Developmental Gymnastics

Level 1	5-7yrs	Mon	4:00pm	Coach Kaitlyn
	5-7yrs	Mon	5:00pm	Coach Kaitlyn/Kaysey
	5-7yrs	Mon	6:00pm	Coach Carly
	5-7yrs	Tues	4:00pm	Coach Kaitlyn/Christy
	5-7yrs	Tues	5:00pm	Coach Christy
	5-7yrs	Tues	6:00pm	Coach Kaitlyn
	5-7yrs	Wed	4:00pm	Coach Kaitlyn
	5-7yrs	Wed	5:00pm	Coach Abby/Kaitlyn/Carly
	5-7yrs	Wed	6:00pm	Coach Lacey/Kaitlyn
	5-7yrs	Thurs	4:00pm	Coach Christy/Bobbi Jo
	5-7yrs	Thurs	5:00pm	Coach Christy
	5-7yrs	Thurs	6:00pm	Coach Kaitlyn
	5-7yrs	Friday	4:00pm	Coach Lacey
	5-7yrs	Friday	5:00pm	Coach Abby/Lacey
	5-7yrs	Sat	9:00am	Coach Michael
	5-7yrs	Sat	10:00am	Coach Christy
	5-7yrs	Sat	11:00am	Coach Tracy

	8&up	Mon	4:00pm	Coach Carly/Kaysey
	8&up	Tues	7:00pm	Coach Kaitlyn
	8&up	Thurs	7:00pm	Coach Bobbi Jo
	8&up	Friday	6:00pm	Coach Lacey
	8&up	Sat	11:00am	Coach Michael

Level 2	5-7yrs	Mon	4:00pm	Coach Kristen
	5-7yrs	Mon	6:00pm	Coach Kaysey
	5-7yrs	Tues	4:00pm	Coach Abby
	5-7yrs	Tues	5:00pm	Coach Kaitlyn
	5-7yrs	Wed	4:00pm	Coach Abby
	5-7yrs	Wed	6:00pm	Coach Carly
	5-7yrs	Thurs	4:00pm	Coach Kaitlyn
	5-7yrs	Thurs	5:00pm	Coach Carly
	5-7yrs	Thurs	6:00pm	Coach Bobbi Jo
	5-7yrs	Friday	4:00pm	Coach Abby
	5-7yrs	Sat	10:00am	Coach Michael
	All Ages	Tues	7:00pm	Coach Abby
	All Ages	Thurs	7:00pm	Coach Abby
	All Ages	Sat	11:00am	Coach Christy

	8&up	Mon	6:00pm	Coach Michael
	8&up	Mon	7:00pm	Coach Carly
	8&up	Tues	6:00pm	Coach Christy
	8&up	Thurs	5:00pm	Coach Bobbi Jo
	8&up	Thurs	7:00pm	Coach Kaitlyn

Level 3	All Ages	Mon	6:00pm	Coach Kristen
	All Ages	Wed	7:00pm	Coach Kaitlin
	All Ages	Thurs	4:00pm	Coach Carly
	All Ages	Friday	6:00pm	Coach Michael

Level 4 (2 hr. class)

All Ages	Wed	6:00-8:00pm	Coach Derrick
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Tumbling Classes – Boys and Girls

Level 1	6-9yrs	Mon	4:00pm	Coach Michael
	6-9yrs	Mon	5:00pm	Coach Carly
	6-9yrs	Tues	4:00pm	Coach Michael
	6-9yrs	Tues	5:00pm	Coach Abby
	6-9yrs	Wed	4:00pm	Coach Michael
	6-9yrs	Thurs	5:00pm	Coach Kaitlyn
	All	Sat	9:00am	Coach Christy
	10&up	Mon	6:00pm	Coach Kaitlyn
	10&up	Thurs	7:00pm	Coach Kristen/Christy
Level 2	6-9yrs	Mon	5:00pm	Coach Kristen/Michael
	6-9yrs	Thurs	6:00pm	Coach Christy
	10&up	Mon	7:00pm	Coach Kaitlyn
	10&up	Tues	7:00pm	Coach Bobbi Jo
	10&up	Wed	7:00pm	Coach Michael
	10&up	Thurs	6:00pm	Coach Kristen
	All Ages	Tues	6:00pm	Coach Abby
Level 3	All Ages	Mon	7:00pm	Coach Kristen
	All Ages	Tues	4:00pm	Coach Kristen
	All Ages	Wed	6:00pm	Coach Michael

(Must have a back handspring on the floor by yourself)

Level 4

All Ages Mon 7:00pm Coach Michael

(Must have a series on the floor, training back tucks)

Cheerleading Classes

All Ages Wed 7:00pm Coach Carly

*There is no tumbling offered in our Cheer classes. They will learn motions, jumps, stunting, cheers, and voice projection.

Girls Invite Only Classes:

Invite Only – Super Mites

Tues 5:15pm Tracy

Invite Only – Hopes

Wed & Fri 4:00pm-6:00pm Derrick/Kristen

Invite Only - Superstars

Wed & Fri 6:00pm-8:00pm Kristen/Abby

Invite Only – Mighty Mites

Tues 5:00-6:30 & Sat 10:15-11:45 Kristen

Invite Only – Hot Shots

Tues 6:30-8:00 & Thurs 6:00-7:30 Kristen/Carly

Invite Only – Sparklers

Thurs 5:00-6:15 & Sat 9:00-10:15 Tracy/Kristen

Invite Only – Muscle Mights

Fri 4:00-6:00 Michael

Boys Gymnastics Classes

Level 1	5-8yrs	Tues	5:00pm	Coach Michael
	5-8yrs	Tues	6:00pm	Coach Michael
	5-8yrs	Wed	5:00pm	Coach Michael
	5-8yrs	Thurs	4:00pm	Coach Michael
	5-8yrs	Thurs	6:00pm	Coach Michael
	9&up	Thurs	7:00pm	Coach CJ
Level 2	All Ages	Tues	7:00pm	Coach Michael
	7-8yrs	Thurs	5:00pm	Coach Michael
	9&up	Thurs	7:00pm	Coach Michael

Homeschool Class

All Ages Mon 1:00pm Coach Bobbi Jo
All Ages Tues 1:00pm Coach Bobbi Jo

*Homeschool classes are for boys and girls.

Maximum Athletic Center

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***THE COACHES ASSIGNED TO THE CLASSES ARE SUBJECT TO CHANGE.**